

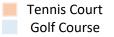


Saturday, 21st January 2023 – Free Registration St John Ambulance Lin Cooper Reserve – 000 Event Team: **Renee** 0423 506 173, **Sam** 0428 211 100 Baby Change and Kids' Play Area – Lin Cooper and Todkill Park

8.00am	Registration, pick up free shirt and arm band at official's desk Lin Cooper Reserve
8.30am	Free Breakfast (Fruit, Muesli Bars, Yoghurt, Water)
8.40am	Welcome, Briefing, Organise participants into their groups

*Allow 10 minute walking time to get to next sport *Oranges, water and fruit available at each session

> Jean Todkill Park Lin Cooper Reserve



1) 9.00am Sport Rotations (30 mins) – Group A rest

Oz Tag – Group G	Hockey – Group H	League – Group I	Cricket – Group E	Soccer – Group F
Tennis – Group B	Golf – Group C	Union – Group D		

2) 9.40am Sport Rotations (30 mins) - Group B rest

Oz Tag – Group I	Hockey – Group G	League – Group H	Cricket – Group F	Soccer – Group D
Tennis – Group C	Golf – Group A	Union – Group E		

3) 10.20am Sport Rotations (30 mins) - Group C rest

Oz Tag – Group H	Hockey – Group I	League – Group G	Cricket – Group D	Soccer – Group E
Tennis – Group A	Golf – Group B	Union – Group F		

4) 11.00am Sport Rotations (30 mins)

Oz Tag – Group E	Hockey – Group F	League – Group D	Cricket – Group A	Soccer – Group B
Tennis – Group H	Golf – Group I	Union – Group C	Parkour/Hip Hop – G	roup G

5) 11.40pm Sport Rotations (30 mins)

Oz Tag – Group D	Hockey – Group E	League – Group F	Cricket – Group C	Soccer – Group A
Tennis – Group I	Golf – Group G	Union – Group B	Parkour/Hip Hop – G	roup H





12.15pm Lunch (45 minutes) – Available for purchase

12.15pm –	Burgers, Chips	Delish Azz Golf Club Car Park
1.00pm	Coffee Van	Bean and Brew Lin Cooper Amenities
	Sausage Sizzle	Golf Club BBQ
	Chicken Salad Bowls, Various Sandwiches, Fruit	CWA Cricket Oval
	Cups, Slices, Biscuits, Vegetarian Option	
	Pulled pork and Coleslaw Wraps	Men's Shed Cricket Oval
All Day	Hot-Dogs, Zooper Doopers, Cold Drinks, Chips	Soccer Club Lin Cooper Amenities
	Zooper Doopers, Chips, Drinks, Lollies	League Todkill Park Amenities

6) 1.00pm Sport Rotations (30 mins)

Oz Tag – Group F	Hockey – Group D	League – Group E	Cricket – Group B	Soccer – Group C
Tennis – Group G	Golf – Group H	Union – Group A	Parkour/Hip Hop -	Group I

7) 1.40pm Sport Rotations (30 mins)

Oz Tag – Group A	Hockey – Group B	League – Group C	Cricket – Group G	Soccer – Group H
Tennis – Group D	Golf – Group F	Union – Group I	Parkour/Hip Hop – G	roup E

8) 2.20pm Sport Rotations (30 mins)

Oz Tag – Group C	Hockey – Group A	League – Group B	Cricket – Group I	Soccer – Group G
Tennis – Group E	Golf – Group D	Union – Group H	H Parkour/Hip Hop – Group F	

9) 3.00pm Sport Rotations (30 mins) - Group D rest

Oz Tag – Group B	Hockey – Group C	League – Group A	Cricket – Group H	Soccer – Group I
Tennis – Group F	Golf – Group E	Union – Group G		

3.30pm	Walking and Assembly Time
4.00-4.40pm	Debrief and Distribution of Prizes
4.45pm	Dauntless Movement Crew Performance
5.10pm	Thank you to Sport Australia, NSW Government, ULSC, State Sporting Bodies, visiting
	coaches, local sporting clubs, volunteers, performers, guest stars and participants

Under 10 years	Band Colour	Age	Over 10 years	Band Colour	Age
Group A	Blue	5-6	Group E	Purple	10
Group B	Red	7	Group F	Orange	10
Group C	Green	8	Group G	Pink	11
Group D	Yellow	9	Group H	Black	12-13
			Group I	Teal	14+





